

Hormones Affecting Stress

Short Term:

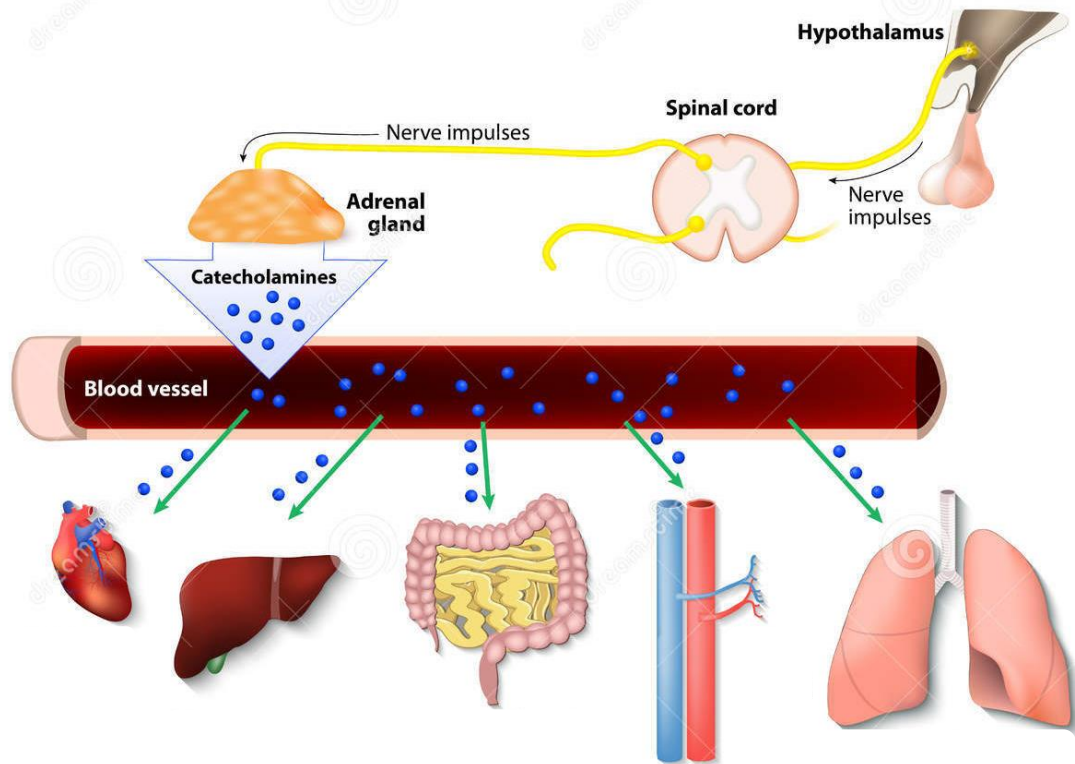
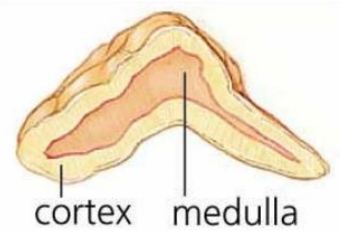
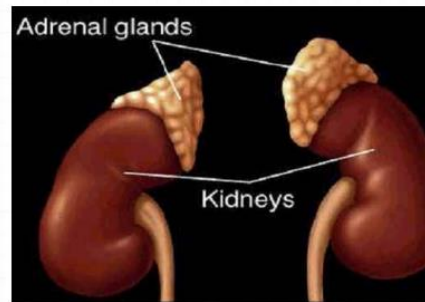
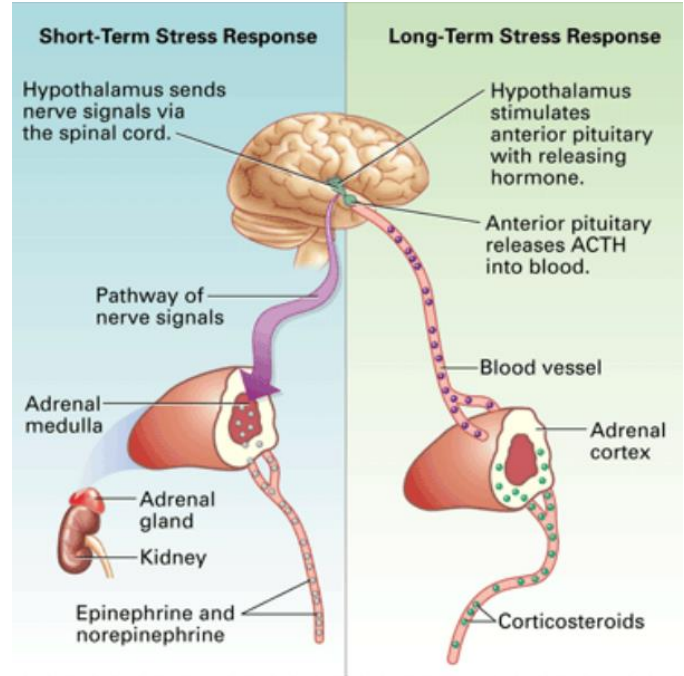
Long Term:

Adrenal Glands:

1)

2)

Adrenal Medulla

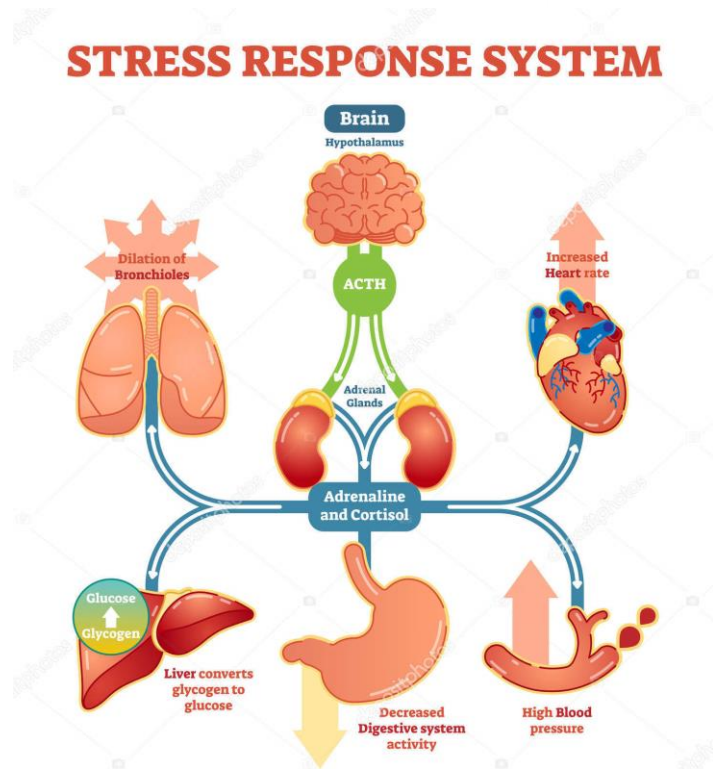


Adrenal Cortex

1)









2)

3)



Acute vs. Chronic Stress

Stress

	wolf growls	eyes dilate, sweat, etc	sprint	calm down, become happy
Acute				
Chronic				
	alarm clock goes off	stressful job	waiting in traffic	in bed, eyes dilate, sweat

Prolonged Exposure to Stress